

# 2010

5<sup>th</sup> Annual

Walker's Open Invitational  
Martial Arts Tournament



Sponsored By:

Master Mike Kadrovach

Saturday October 9, 2010

**8:00 A.M. – 5:00 P.M.**

Portage YMCA

2900 W. Centre, 269-324-9622

Portage, MI 49024

For more information Contact: Mike Kadrovach (269-327-7000)

[www.Walkerstk.com](http://www.Walkerstk.com) or [walkerstk@sbcglobal.net](mailto:walkerstk@sbcglobal.net)



## Order of Events

Saturday October 9, 2010

8:00 Registration and Check-in: Portage YMCA, 2900 W.Centre,  
Portage, MI 49024, 269-324-9622

9:45 Black Belt Meeting

10:15 Opening Ceremony

10:30 **SHARP** Hapkido

Followed by Black Belts  
All adults (male/female ages 16 and up)

Team Forms

Open Forms

Weapon Forms

Board Breaking

Point Sparring

Olympic Sparring

Grand Champion Award

# Walker's Open Invitational Martial Arts Tournament

Saturday October 9, 2010

Portage YMCA -2900 W. Centre. Portage MI 49024

All styles of Martial Arts welcome

## **Events:**

Forms/Weapon Forms/Team Forms/Board Breaking/Point Sparring/Olympic Sparring (children & adults)  
Hapkido-Best 3 Techniques with Take Down and Pin  
Grand Champion (Youth and Adult)

## **Registration:**

At the YMCA, Saturday October 9<sup>th</sup> from 8:00-10:00 am or you can mail/deliver your registration form to Walkers TKD, 9027 Portage Rd., Portage, MI 49024, 269-327-7000.

## **Fees:**

All Competitors - 1 event \$40.00, 2 events \$50.00, 3 events \$60.00, 4 or More events \$80.00

Spectator: Adults, Seniors and Children - \$5.00, 5 years and under – free.

**NOTE:** On the day of the tournament NO personal checks will be accepted. Certified checks, money orders and cash ONLY. Personal Checks will be accepted for Pre-Registration only for those postmarked by 10/01/10. No refund of money once registered. The sponsors assume no responsibility or liability for any injuries, property damage, or any losses that may be sustained or incurred while attending, participating or traveling to or from the tournament.

## **Equipment:**

Participant must provide own: Head gear, Chest Protectors, Shin/Instep, Fist/Forearm Guards, Foam feet and hands, support cup (all Males) and mouthpieces.

All equipment listed is MANDATORY and MUST be worn during all sparring events.

Please note: Tournament director reserves the right to combine ages, gender and/or ranks as needed.

**Hapkido competitors need to provide their own partner.**

## **Tournament times:**

8:00 a.m. – Registration

9:45 a.m. - Black Belt meeting

10:30 a.m. - Tournament begins

12:30 approximately - Break for lunch

5:00 p.m. - Tournament ends (approx time)

## **Awards:**

1<sup>st</sup> through 3<sup>rd</sup> place in all divisions for Sparring

1<sup>st</sup> through 3<sup>rd</sup> place in all divisions for Forms

All participants will receive a participation award.

## **Grand Champion:**

The Grand Champion will be chosen based on the accumulation of event points. The contestants will be awarded points based on what position they earned during their events. In the event there is a tie there will be a form off between competitors. Hapkido is not considered in the accumulation of points. The points will be awarded as follows:

**First Place, 4 points**

**Second Place, 3 points**

**Third Place, 2 points**

**Fourth Place, 1 point**

## **Divisions**

### **Boys & Girls**

3 – 4

5 – 6

7 – 9

10 – 12

13 – 15

16 – 17

### **Men & Women**

18 – 25

26 – 35

36 – 45

over 45

### **Belt Ranks**

Novice (10,9,8 gups)

Intermediate (7,6,5 gups)

Advanced (4,3,2 gups)

1<sup>st</sup> Dan & 1<sup>st</sup> gup

2<sup>nd</sup> Dan and up

**These divisions apply to all events except Team Forms & Hapkido (Some divisions may be combined as needed.)**

### **Rules for Hapkido**

- A. Competitor must bring their own partner for throwing and pins.
- B. Failure to provide your own partner will result in disqualification.
- C. Each competitor must have 3 Techniques with takedown and pin

### **Rules for Forms and Weapons**

Competitor's score will be no less than 5 and no more than 10.

Color Belts may ask for a restart. The judges will subtract .5 from total score.

- C. Looking at proficiency with weapon/grip/ technique/speed - force.

### **Rules for Team Forms**

- A. Teams can be any belt rank
- B. Teams should consist of 3 or more competitors – The more competitors the higher the score.

### **Rules for Board Breaking**

- A. Only wood will be allowed for breaking due to YMCA gym floor.
- B. Boards will be available for purchase -  
3/8" and 1/2" Boards - \$3.00 each, 1" Board - \$3.50
- C. For safety of competitors, only 3 attempts will be allowed.
- D. There will be a 1-minute set up time – strictly enforced. One point deduction for each board not set up in one-minute time. Please be sure to bring your own holders.
- E. Color Belts – 3 board maximum
- F. Black Belts – 5 board maximum

## **Rules for Point Sparring & Olympic Sparring**

- A. Colored Belt rounds will consist of 2 90-second rounds with a 30-second rest between rounds.
- B. Black Belt rounds will consist of 2 2-minute rounds with a 30-second rest between rounds. (If Advanced Belts are combined they will follow the same rule).
- C. There will be a 2-minute rest between semi-final and final matches.
- D. Protective Equipment will be mandatory. You will have two minutes to comply or you will be disqualified if you show up in the ring without appropriate gear.

## **Olympic Sparring**

### A. LEGAL TECHNIQUES

- a. **Fore Fist** (NO open hand techniques, backfist, palm strike, knife hand, etc. will be allowed)
- b. **Foot** (Any part of the foot below the ankle)

### B. AREAS FOR SCORING

- a. Head Area (Controlled foot contact only. NO hand techniques to the head are permitted)
- b. Body Area (Includes the area covered by the chest guard. Points will be awarded for effective hand or foot strike)

### C. VALID SCORES

- a. One point will be awarded for any legal foot or hand strike to the body executed with proper balance and technique. Two points will be awarded for controlled, legal foot strikes to the head. Corner judges will determine sufficient force for the awarding of a point. ie techniques must be delivered with enough power to satisfy the corner judges that a point has been scored.

### D. WARNINGS

- a. ANY competitor that executes a kick to the head that results in a minor injury (bruising or abrasion) shall receive a one point deduction.
- b. ANY competitor that executes a kick to the head area that results in bleeding or the inability of the opponent to continue due to the injury shall be disqualified.
- c. Grabbing the opponent
- d. Pushing the opponent with the shoulder, body or hands.
- e. Escaping contact by turning the back.
- f. Stepping out of bounds to avoid contact.
- g. Attacking with unauthorized implement (knee, elbow etc)
- h. Intentionally falling to avoid contact.
- i. Attacking the head or face with fist.
- j. Uttering undesirable remarks, or unsportsmanlike conduct (either by the athlete, coach, or any other individual associated with the athlete).
- k. Gesturing to celebrate a score.

FAILURE TO COMPLY WITH THE RULES WILL RESULT IN A ONE POINT DEDUCTION OR DISQUALIFICATION AT THE DISCRETION OF THE CENTER REFEREE.

## **Point Sparring**

### E. LEGAL TECHNIQUES

- a. **Hand** (Backfists and ridge hands to the helmet allowed, no forefist or punch to the head area)
- b. **Foot** (Any part of the foot below the ankle)

### F. AREAS FOR SCORING

- a. Head Area (Controlled light contact by backfist, ridge hand or foot)
- b. Body Area (Points will be awarded for effective foot strike)

### G. VALID SCORES

- a. One point will be awarded for any legal foot strike to the body (front part of the torso) or hand strike executed to the head with proper balance and technique. Two points will be awarded for any legal

foot strike executed to the head with proper balance, control and technique. Corner judges will determine sufficient force for the awarding of a point. ie techniques must be delivered with enough power to satisfy the corner judges that a point has been scored.

#### H. WARNINGS

- a. ANY competitor that executes a kick to the head that results in a minor injury (bruising or abrasion) shall receive a one point deduction.
- b. ANY competitor that executes a kick to the head area that results in bleeding or the inability of the opponent to continue due to the injury shall be disqualified.
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- k. Gesturing to celebrate a score.

FAILURE TO COMPLY WITH THE RULES WILL RESULT IN A ONE POINT DEDUCTION OR DISQUALIFICATION AT THE DISCRETION OF THE CENTER REFEREE.

**SPECIAL NOTE: Divisions may be combined or modified at the discretion of the Tournament Director!**

# Walker's Open Invitational Martial Arts Tournament

\*\*\*\*\*PLEASE PRINT ALL INFORMATION CLEARLY\*\*\*\*\*

Competitor's Name \_\_\_\_\_

Home Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_

Weight: \_\_\_\_\_ Height: \_\_\_\_\_ Gup Rank: \_\_\_\_\_

Age: \_\_\_\_\_ Sex: \_\_\_\_\_ Belt Color: \_\_\_\_\_

Martial Arts School Name: \_\_\_\_\_

Instructor's Name: \_\_\_\_\_

School Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ ZIP: \_\_\_\_\_ Phone: (\_\_\_\_\_) \_\_\_\_\_

**Events:** FORMS \_\_\_\_\_ WEAPONS \_\_\_\_\_ BREAKING \_\_\_\_\_  
PT SPARRING \_\_\_\_\_ OLYMPIC SPARRING \_\_\_\_\_ HAPKIDO \_\_\_\_\_  
TEAM \_\_\_\_\_ : List team members \_\_\_\_\_

## Entry Fees:

One event- \$40.00; Two events- \$50.00; Three events- \$60.00; 4 or More events- \$80.00

## LIABILITY RELEASE

I, \_\_\_\_\_ have read and understand this release, and do hereby release and discharge any and all rights and claims for any damage which I may have or which may occur to me, against Mike Kadrovach/ Walker's Tae Kwon Do and The Portage YMCA and any Representatives or officials involved in this tournament. **I am competing at my own risk and I am physically and mentally fit for these events. I have consulted with my physician and am able to participate. I, the participant assume all risks, including injury and death, I understand that sparring is a contact sport and by participating I may incur injury. By signing this document, I agree to waive any and all claims against the afore mentioned.**

I also agree that Mike Kadrovach/Walker's Tae Kwon Do/Portage YMCA and any Representatives or officials involved in this tournament are not liable for any harm incurred to or on my person in the course of travel to and from this event.

**Signature of**

**Competitor** \_\_\_\_\_ **Date** \_\_\_\_\_

Or Responsible Person/Guardian if Competitor is Under Age 21

**Mail to: Walker's Tae Kwon Do, 9027 Portage Road, Portage MI 49024**

**Tournament address: Portage YMCA -2900 W. Centre. Portage Michigan 49204**

## Local Hotel Listing

Baymont Inn & Suites	2203 S. Eleventh St.	269-372-7999
Clarion Hotel	3600 E Cork	269-385-3922
Comfort Inn	3820 Sprinkle Road	269-381-7000
Country Inn & Suites	1912 E Kilgore	269-382-2303
Days Inn	3522 Sprinkle Road	269-381-7070
Fairfield Inn	6420 Cracker Barrel Drive	269-353-6400
Hampton Inn	5059 S. Ninth St	269-372-1010
Holiday Inn Express	3630 E. Cork	269-373-0770
Holiday Inn West	2747 S. 11 <sup>th</sup> St.	269-375-6000
Knights Inn	1211 S. Westnedge	269-381-5000
Radisson Plaza	100 W. Michigan	269-343-3333
Residence Inn	1500 E. Kilgore	269-349-0855